



Cosmetic Surgery

- Breast Enlargement
- Breast Lift
- Liposuction
- Tummy Tuck
- Fat Transfer
- Eyelid Surgery
- Brow Lift
- Face/Neck Lift
- Arm/Thigh Lift
- Rhinoplasty
- Ear Pinning

Plastic Surgery

- Breast Reduction
- Breast Reconstruction
- Benign Moles
- Skin Cancer
- Melanoma Surgery
- Scar Revision
- Facial Trauma
- Reconstructive Surgery

Hand Surgery

- Carpal Tunnel
- Ganglion Cyst
- Hand Trauma
- Nerve Decompression
- Tendon Repair
- Trigger Finger
- Tennis Elbow
- Work Comp Injuries

Office Procedures

- Botox/Facial Fillers
- CoolSculpting
- Ultherapy
- Kybella
- Latisse
- Laser Treatment
- Obagi/SkinMedica

Skin Care Programs

- MicroNeedling
- Laser Treatments
- Photodynamic Therapy
- Latisse
- Obagi/SkinMedica

COSMETIC SURGERY SUPPLY LIST ARM LIFT (BRACHIOPLASTY)

THIS IS A MISCELLANEOUS LIST OF POSSIBLE SUPPLIES YOU MAY NEED AT HOME AFTER SURGERY

- Gauze- 4x4 sizes to place over incision lines (unscented thin panty liners may be used in place of gauze)
- Paper Tape- Used to secure dressings if needed
- Antibiotic Ointment- Bacitracin, Neosporin or Triple antibiotic are okay to use
- Q Tips- Used to apply antibiotic ointment to incision lines (new package is recommended)
- Dial Liquid Soap- For daily use in shower to cleanse incisions. No Bath & Body Works or shower gels/soaps with perfumes or scrubs are allowed.
- Distilled Water- Only needed if your water comes from a well or cistern or as directed by your physician
- Ice Packs or Frozen Vegetable Bags- To control swelling
- Comfortable Clothing- Consider clothing based on surgery and function ability for comfort (button-up, loose-fitting, non-binding)